# SHEAR HAVEN™

at YWCA Nashville & Middle Tennessee

## SIGNS OF DOMESTIC VIOLENCE

*Telling you that you never do anything right*

*Showing extreme jealousy of your friends or time away from them*

*Preventing or discouraging you from spending time with friends, family or peers*

*Insulting, demeaning, or shaming you, especially in front of others*

*Preventing you from making your own decisions*

*Controlling finances in the household*

*Pressuring you to have sex or perform sexual acts you're not comfortable with*

*Pressuring you to use drugs or alcohol*

*Intimidating you through threatening looks or actions*

*Insulting your parenting or threatening to harm or take away your children or pets*

*Intimidating you with weapons like guns, knives, bats, or mace*

*Destroying your belongings or your home*

*The global pandemic of COVID-19 has exposed the hidden pandemic of domestic violence, and beauty industry professionals are in a unique position to combat both of these public health emergencies. BARBICIDE® is proud to partner with YWCA Nashville & Middle Tennessee to educate the beauty industry on domestic abuse and offer resources to victims. If you or someone you know needs help, please tear off a number below and call our 24-Hour Crisis & Support Helpline.*

Presented by

**BARBICIDE®**

**Helpline 1-800-334-4628**
Textline 615-983-5170

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